

2025 CENTRAL REGION CROSS COUNTRY CHAMPIONSHIPS

Joplin, MO
Tom Ruthledge Cross Country Course
Host: Missouri Southern State
Saturday, November 8, 2025

MEET OFFICIALS

Timing:
Midwest Timing & Results



OFFICIAL MEET REPORT
printed: 11/8/2025 12:38 PM

Race #1 Women's 6k Run

Final Results

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Winona State	99	3-16-21-28-31(96)(109)	1:48:07	21:38	1:12.8
2 Pittsburg St.	113	2-4-6-44-57(69)(123)	1:47:39	21:32	1:44.8
3 Nebraska-Kearney	116	13-15-17-30-41(43)(76)	1:48:57	21:48	0:47.4
4 Minnesota State	141	7-23-29-40-42(65)(130)	1:49:25	21:53	1:01.7
5 NW Missouri	156	9-14-24-37-72(75)(87)	1:49:25	21:53	1:23.7
6 Rogers State	168	5-18-19-59-67(94)(95)	1:49:37	21:56	1:27.8
7 Augustana (S.D.)	205	25-26-27-63-64(98)(117)	1:50:42	22:09	0:46.0
8 Missouri Southern	211	20-39-46-50-56(68)(111)	1:50:58	22:12	0:43.7
9 Washburn	228	11-12-49-70-86(90)(102)	1:50:43	22:09	1:30.2
10 Fort Hays St.	232	1-33-47-48-103(105)(118)	1:50:18	22:04	2:31.7
11 Minnesota-Duluth	266	10-36-53-83-84(101)(119)	1:51:39	22:20	1:29.7
12 East Central	280	22-35-61-71-91(114)(128)	1:52:03	22:25	1:14.5
13 Ouachita Baptist	345	34-58-80-85-88(104)(106)	1:53:14	22:39	0:51.7
14 U-Mary	383	32-79-82-93-97(113)(158)	1:53:42	22:45	0:58.9
15 Arkansas Tech	434	54-60-73-110-137(143)(174)	1:54:38	22:56	1:26.0
16 Harding	460	8-62-107-132-151(157)(161)	1:54:50	22:58	2:56.0
17 Oklahoma Baptist	525	66-77-121-125-136(156)	1:56:14	23:15	1:14.1
18 Minnesota-Crookston	530	52-78-112-126-162(194)(195)	1:56:32	23:19	2:07.0
19 Sioux Falls	645	74-134-138-146-153(159)(160)	1:58:41	23:45	1:31.5
20 Southeastern Oklahoma	664	99-127-141-147-150(163)(175)	1:58:54	23:47	1:07.9
21 Northern State	668	51-81-108-213-215(227)	2:02:26	24:30	4:42.7
22 Emporia St.	681	89-120-133-167-172(218)(220)	1:59:47	23:58	1:57.8
23 Northwestern Oklahoma	723	124-131-139-164-165(198)(202)	2:00:26	24:06	1:09.1
24 UA-Fort Smith	731	115-122-145-168-181(192)(204)	2:01:05	24:13	2:05.9
25 Minot State	749	92-100-169-187-201(212)	2:02:25	24:29	3:07.8
26 Bemidji State	774	38-152-155-205-224	2:04:33	24:55	5:20.2
27 Wayne State (Neb.)	793	140-142-144-179-188(191)(196)	2:03:03	24:37	1:44.0
28 MSU-Moorhead	814*	116-148-178-182-190(223)	2:03:53	24:47	2:23.7
29 Missouri Western	814*	55-173-177-183-226	2:05:45	25:09	5:18.4
30 Southern Arkansas	875	154-166-170-186-199(216)(217)	2:05:22	25:05	1:52.5
31 Central Missouri	889	45-200-206-208-230	2:11:59	26:24	8:05.0
32 Newman	914	149-180-185-189-211(222)(225)	2:07:38	25:32	2:43.5
33 Central Oklahoma	924	129-171-184-219-221(228)	2:08:35	25:43	3:40.7
34 Southern Nazarene	985	135-197-210-214-229(231)	2:13:01	26:37	5:29.3
35 Southwestern Oklahoma	988	176-193-203-207-209	2:10:35	26:07	1:40.4

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Women's 6k Run

Final Results

Final Standings	Score	Scoring Order	Total	Avg.	Spread
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*Tiebreakers

MSU-Moorhead	116	148	178	182	190	223
Missouri Western	55	173	177	183	226	

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km	3 km
1 MCCULLOUGH, Emily	SR	124	Fort Hays St.	1	20:32.59	---	5:30.5	3:25.4	10:24.50
2 MULLEN, Paige	JR	401	Pittsburg St.	2	20:42.64	10.05	5:33.1	3:27.1	10:25.20
3 TAARUD, Sophia	SR	558	Winona State	3	20:48.22	15.63	5:34.6	3:28.0	10:24.30
4 GIBSON, Hannah	SO	400	Pittsburg St.	4	21:00.81	28.22	5:38.0	3:30.1	10:25.30
5 MOREFIELD, Amy	JR	424	Rogers State	5	21:08.27	35.68	5:40.0	3:31.4	10:36.80
6 PIERCE, Lorna Rae	SO	402	Pittsburg St.	6	21:11.78	39.19	5:41.0	3:32.0	10:37.20
7 OVERGAAUW, Ashley	JR	162	Minnesota State	7	21:12.70	40.11	5:41.2	3:32.1	10:37.20
8 KIPKORIR, Vivien	FR	142	Harding	8	21:14.56	41.97	5:41.7	3:32.4	10:31.00
9 BAKKER, Olivia	SO	344	NW Missouri	9	21:15.79	43.20	5:42.0	3:32.6	10:37.10
10 HOSTAGER, Shaelyn	SR	198	Minnesota-Duluth	10	21:23.35	50.76	5:44.1	3:33.9	10:37.10
11 LOCHTEFELD, Kyla	SR	526	Washburn	11	21:24.21	51.62	5:44.3	3:34.0	10:37.80
12 FONTAINE, Lexie	SR	524	Washburn	12	21:25.85	53.26	5:44.7	3:34.3	10:52.30
13 BURGER, Abigail	FR	277	Nebraska-Kearney	13	21:26.16	53.57	5:44.8	3:34.4	10:45.00
14 MCGLOCKLIN, Lydia	SR	351	NW Missouri	14	21:33.90	1:01.31	5:46.9	3:35.7	10:43.30
15 STUCKEY, Kassidy	SO	282	Nebraska-Kearney	15	21:37.91	1:05.32	5:48.0	3:36.3	10:45.30
16 RUSCH, Stella	SO	557	Winona State	16	21:39.98	1:07.39	5:48.5	3:36.7	10:49.50
17 BUHLKE, Ella	SR	276	Nebraska-Kearney	17	21:40.57	1:07.98	5:48.7	3:36.8	10:48.50
18 NAY, Kaylee	SO	425	Rogers State	18	21:41.34	1:08.75	5:48.9	3:36.9	10:53.80
19 GARAFOLA, Brooklyn	JR	420	Rogers State	19	21:42.29	1:09.70	5:49.1	3:37.0	10:53.60
20 GENEL, Lilah	JR	233	Missouri Southern	20	21:42.49	1:09.90	5:49.2	3:37.1	10:44.70
21 VOIT, Ella	SO	560	Winona State	21	21:42.65	1:10.06	5:49.2	3:37.1	10:50.30
22 BII, Sheilah	SO	81	East Central	22	21:45.24	1:12.65	5:49.9	3:37.5	10:45.30
23 MACDONALD, Alexi	SR	159	Minnesota State	23	21:46.37	1:13.78	5:50.2	3:37.7	10:47.50
24 HARTLEY, Mayson	JR	348	NW Missouri	24	21:47.87	1:15.28	5:50.6	3:38.0	10:52.90
25 SAMPLE, Ally	FR	20	Augustana (S.D.)	25	21:48.19	1:15.60	5:50.7	3:38.0	10:44.10
26 KARIM, Ramsey	JR	16	Augustana (S.D.)	26	21:51.75	1:19.16	5:51.7	3:38.6	10:48.90
27 NELSON, Tenley	JR	18	Augustana (S.D.)	27	21:54.08	1:21.49	5:52.3	3:39.0	10:57.70
28 YOUNG, Kelsey	FR	561	Winona State	28	21:54.41	1:21.82	5:52.4	3:39.1	10:50.70
29 MATZEK, Madison	SR	160	Minnesota State	29	21:57.80	1:25.21	5:53.3	3:39.6	10:50.30
30 BREWER, Lily	FR	275	Nebraska-Kearney	30	21:58.78	1:26.19	5:53.6	3:39.8	10:58.10
31 ANDERSON, Kylie	SR	554	Winona State	31	22:00.94	1:28.35	5:54.1	3:40.2	10:40.50
32 WYCKLENDT, Terez	SR	496	U-Mary	32	22:02.68	1:30.09	5:54.6	3:40.4	10:50.20
33 WEINER, Emma	SO	126	Fort Hays St.	33	22:02.98	1:30.39	5:54.7	3:40.5	10:58.00
34 HYLKEMA, Allison	SR	384	Ouachita Baptist	34	22:05.85	1:33.26	5:55.5	3:41.0	10:52.90
35 KIPSANG, Winnie	JR	87	East Central	35	22:06.77	1:34.18	5:55.7	3:41.1	10:34.10
36 HANOWSKI, Ellie	JR	197	Minnesota-Duluth	36	22:07.23	1:34.64	5:55.8	3:41.2	10:57.80
37 MAQUAIRE, Lou	SR	349	NW Missouri	37	22:07.71	1:35.12	5:56.0	3:41.3	10:53.40
38 MCCARTHY, Maggie	SR	41	Bemidji State	38	22:10.01	1:37.42	5:56.6	3:41.7	11:08.50
39 BRACKENBURY, Abbey	FR	230	Missouri Southern	39	22:11.08	1:38.49	5:56.9	3:41.8	10:58.00
40 OVERGAAUW, Amanda	SO	161	Minnesota State	40	22:12.85	1:40.26	5:57.3	3:42.1	11:01.50
41 ABELS, Noelle	JR	274	Nebraska-Kearney	41	22:13.54	1:40.95	5:57.5	3:42.3	11:02.10

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Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km	3 km
42 SULLIVAN, Mileena	SO	163	Minnesota State	42	22:14.38	1:41.79	5:57.7	3:42.4	10:59.00
43 HIRSCHFELD, Brynn	JR	279	Nebraska-Kearney	(43)	22:15.43	1:42.84	5:58.0	3:42.6	11:00.60
44 SINGER, Kaci	JR	404	Pittsburg St.	44	22:15.80	1:43.21	5:58.1	3:42.6	11:10.60
45 BIZON, Marianna	FR	47	Central Missouri	45	22:16.41	1:43.82	5:58.3	3:42.7	10:44.00
46 WEEMS, Kyla	JR	239	Missouri Southern	46	22:17.34	1:44.75	5:58.5	3:42.9	10:55.60
47 HOSKINSON, Taylor	SR	122	Fort Hays St.	47	22:17.98	1:45.39	5:58.7	3:43.0	10:59.30
48 HARBAUGH, Ashlyn	SR	121	Fort Hays St.	48	22:20.08	1:47.49	5:59.3	3:43.3	10:57.50
49 COLLINS, Grace	JR	522	Washburn	49	22:20.23	1:47.64	5:59.3	3:43.4	11:17.30
50 NELSON, Hailey	SR	235	Missouri Southern	50	22:20.43	1:47.84	5:59.4	3:43.4	10:58.40
51 OLESIAK, Emaleigh	SO	317	Northern State	51	22:22.29	1:49.70	5:59.9	3:43.7	11:02.00
52 SHAW, Morgan	JR	180	Minnesota-Crooksto	52	22:23.45	1:50.86	6:00.2	3:43.9	11:00.20
53 VANLOON, Elizabeth	SR	202	Minnesota-Duluth	53	22:23.90	1:51.31	6:00.3	3:44.0	11:13.70
54 GRANT, Amaya	SO	6	Arkansas Tech	54	22:24.05	1:51.46	6:00.3	3:44.0	11:05.00
55 KINNEY, Abby	SR	251	Missouri Western	55	22:25.23	1:52.64	6:00.7	3:44.2	11:01.30
56 FROST, Isabella	JR	232	Missouri Southern	56	22:26.12	1:53.53	6:00.9	3:44.4	11:04.20
57 FLETCHER, Phoebe	SO	399	Pittsburg St.	57	22:27.38	1:54.79	6:01.2	3:44.6	11:09.60
58 NACHTIGAL, Kate	SR	386	Ouachita Baptist	58	22:27.56	1:54.97	6:01.3	3:44.6	11:00.80
59 CRUZ, Emily	SO	419	Rogers State	59	22:28.18	1:55.59	6:01.4	3:44.7	11:05.00
60 HILL, Audrey	SR	7	Arkansas Tech	60	22:29.65	1:57.06	6:01.8	3:44.9	11:03.50
61 CHERUIYOT, Sheilah	SR	82	East Central	61	22:31.85	1:59.26	6:02.4	3:45.3	11:03.40
62 PARKS, Josie	SR	144	Harding	62	22:32.03	1:59.44	6:02.5	3:45.3	11:17.90
63 NELSON, Kaelyn	FR	17	Augustana (S.D.)	63	22:33.39	2:00.80	6:02.8	3:45.6	11:06.90
64 CUTLER, Abby	FR	13	Augustana (S.D.)	64	22:34.12	2:01.53	6:03.0	3:45.7	11:15.10
65 HERTLING, Tara	FR	157	Minnesota State	(65)	22:34.56	2:01.97	6:03.2	3:45.8	10:53.60
66 MURPHY , Adelaide	FR	367	Oklahoma Baptist	66	22:35.81	2:03.22	6:03.5	3:46.0	11:11.90
67 CORDOVA, Cadence	SR	418	Rogers State	67	22:36.02	2:03.43	6:03.5	3:46.0	11:10.10
68 NELSON, Zoe	SR	236	Missouri Southern	(68)	22:36.21	2:03.62	6:03.6	3:46.0	11:04.70
69 VANDAVEER, Emily	SO	406	Pittsburg St.	(69)	22:36.35	2:03.76	6:03.6	3:46.1	11:14.30
70 EVANS, Jolie	JR	523	Washburn	70	22:37.98	2:05.39	6:04.1	3:46.3	11:17.50
71 KIBIWOTT, Mercy	SR	85	East Central	71	22:38.95	2:06.36	6:04.3	3:46.5	11:15.90
72 CASSITY, Jessa	JR	345	NW Missouri	72	22:39.41	2:06.82	6:04.5	3:46.6	11:17.50
73 STANLEY, Avery	SR	9	Arkansas Tech	73	22:40.87	2:08.28	6:04.8	3:46.8	11:07.80
74 SALAZAR, Mallory	SR	441	Sioux Falls	74	22:40.89	2:08.30	6:04.8	3:46.8	11:10.40
75 MCCREEDY, Taylor	SR	350	NW Missouri	(75)	22:41.45	2:08.86	6:05.0	3:46.9	11:15.40
76 ROBINSON, Charis	JR	281	Nebraska-Kearney	(76)	22:43.25	2:10.66	6:05.5	3:47.2	11:08.10
77 PAXTON , Kieran	SO	368	Oklahoma Baptist	77	22:45.35	2:12.76	6:06.0	3:47.6	11:11.00
78 WOOD, Natalie	SO	181	Minnesota-Crooksto	78	22:46.27	2:13.68	6:06.3	3:47.7	11:06.20
79 STEPKA, Victoria	FR	494	U-Mary	79	22:46.79	2:14.20	6:06.4	3:47.8	11:15.50
80 HOLDEN, Lucy	JR	383	Ouachita Baptist	80	22:49.36	2:16.77	6:07.1	3:48.2	11:16.40
81 HASART, Abby	JR	313	Northern State	81	22:49.80	2:17.21	6:07.2	3:48.3	11:20.60
82 WESTIN, Hannah	JR	495	U-Mary	82	22:50.13	2:17.54	6:07.3	3:48.4	11:22.00
83 ALMSBERGER, Kira	SR	191	Minnesota-Duluth	83	22:50.63	2:18.04	6:07.5	3:48.4	11:15.40
84 BECKER, Claire	SO	192	Minnesota-Duluth	84	22:52.96	2:20.37	6:08.1	3:48.8	11:20.10
85 HOEMANN, Ellie	JR	382	Ouachita Baptist	85	22:53.49	2:20.90	6:08.2	3:48.9	11:16.40
86 CLEARY, Jordyn	FR	521	Washburn	86	22:54.39	2:21.80	6:08.5	3:49.1	11:18.30
87 POST, Whitney	JR	352	NW Missouri	(87)	22:56.70	2:24.11	6:09.1	3:49.5	11:30.10

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88 KNIGHT, Elise	SR	385	Ouachita Baptist	88	22:57.50	2:24.91	6:09.3	3:49.6	11:15.40
89 BINA, Mason	SR	101	Emporia St.	89	22:58.13	2:25.54	6:09.5	3:49.7	11:23.60
90 ISMERT, Rylee	FR	525	Washburn	(90)	22:59.52	2:26.93	6:09.8	3:49.9	11:21.10
91 HAM, Madison	SR	84	East Central	91	22:59.71	2:27.12	6:09.9	3:50.0	11:26.10
92 WRIDE, Bailey	JR	222	Minot State	92	22:59.94	2:27.35	6:10.0	3:50.0	11:16.20
93 JAHNER, Giselle	SO	492	U-Mary	93	23:00.04	2:27.45	6:10.0	3:50.0	11:22.00
94 MARTIN, Brooke	FR	422	Rogers State	(94)	23:00.08	2:27.49	6:10.0	3:50.0	11:24.30
95 WALLACE, Jordan	SO	426	Rogers State	(95)	23:00.20	2:27.61	6:10.0	3:50.0	11:05.00
96 TERWEDO, Lexi	JR	559	Winona State	(96)	23:00.56	2:27.97	6:10.1	3:50.1	11:32.40
97 ENGELS, Ellyn	SO	491	U-Mary	97	23:01.51	2:28.92	6:10.4	3:50.3	11:24.80
98 GETCHELL, Avari	SO	14	Augustana (S.D.)	(98)	23:01.76	2:29.17	6:10.4	3:50.3	11:14.40
99 MACHUCA, Anahi	FR	460	Southeastern Oklah	99	23:01.86	2:29.27	6:10.5	3:50.3	11:17.60
100 SMITH, Emery	SR	219	Minot State	100	23:02.31	2:29.72	6:10.6	3:50.4	11:25.40
101 ULRICH, Rachel	JR	201	Minnesota-Duluth	(101)	23:03.31	2:30.72	6:10.9	3:50.6	11:25.10
102 BRITTON, Riley	SO	520	Washburn	(102)	23:03.60	2:31.01	6:10.9	3:50.6	11:25.10
103 FUGITT, Janae	FR	120	Fort Hays St.	103	23:04.25	2:31.66	6:11.1	3:50.7	11:04.50
104 BURROW, Emmeline	JR	380	Ouachita Baptist	(104)	23:05.62	2:33.03	6:11.5	3:50.9	11:16.40
105 CORTES, Eva	FR	119	Fort Hays St.	(105)	23:07.64	2:35.05	6:12.0	3:51.3	11:15.90
106 TURPEN, Blair	JR	388	Ouachita Baptist	(106)	23:07.85	2:35.26	6:12.1	3:51.3	11:14.80
107 LYLES, Addison	FR	143	Harding	107	23:08.20	2:35.61	6:12.2	3:51.4	11:27.10
108 DUGAN, Jolie	SO	311	Northern State	108	23:11.71	2:39.12	6:13.1	3:52.0	11:24.30
109 RAY, Libby	SO	556	Winona State	(109)	23:12.05	2:39.46	6:13.2	3:52.0	11:32.20
110 CARSON, Peyton	SO	3	Arkansas Tech	110	23:13.25	2:40.66	6:13.5	3:52.2	11:26.90
111 POWER, Ava	SO	237	Missouri Southern	(111)	23:13.31	2:40.72	6:13.5	3:52.2	11:16.50
112 HILLIARD, Madison	SR	177	Minnesota-Crooksto	112	23:14.27	2:41.68	6:13.8	3:52.4	11:25.20
113 BORNEMANN, Cierra	SO	490	U-Mary	(113)	23:16.75	2:44.16	6:14.5	3:52.8	11:34.00
114 OJO, STEPHANIE	SO	89	East Central	(114)	23:18.79	2:46.20	6:15.0	3:53.1	11:23.90
115 MALIK, Rachel	JR	508	UA-Fort Smith	115	23:21.14	2:48.55	6:15.6	3:53.5	11:31.90
116 KENNEDY, Katelyn	JR	263	MSU-Moorhead	116	23:21.61	2:49.02	6:15.8	3:53.6	11:18.90
117 YOUNG, Lindsey	JR	23	Augustana (S.D.)	(117)	23:22.37	2:49.78	6:16.0	3:53.7	11:13.50
118 ANDERSON, Kayla	FR	66	Concordia-St. Paul	-	23:23.63	2:51.04	6:16.3	3:53.9	11:27.10
119 WIESE, Cate	FR	127	Fort Hays St.	(118)	23:24.30	2:51.71	6:16.5	3:54.1	11:15.50
120 EICHER, Sadie	FR	195	Minnesota-Duluth	(119)	23:24.66	2:52.07	6:16.6	3:54.1	11:28.50
121 BARTHOLOME, Emma	SO	100	Emporia St.	120	23:28.05	2:55.46	6:17.5	3:54.7	11:33.30
122 HENDRIX , Shayna	JR	366	Oklahoma Baptist	121	23:28.65	2:56.06	6:17.7	3:54.8	11:26.80
123 THURSTON , Madison	JR	512	UA-Fort Smith	122	23:29.10	2:56.51	6:17.8	3:54.8	11:41.90
124 SMITH, Ashlyn	SO	405	Pittsburg St.	(123)	23:29.12	2:56.53	6:17.8	3:54.9	11:24.40
125 WASHINGTON, Ivy	JR	333	Northwestern Oklah	124	23:30.35	2:57.76	6:18.1	3:55.1	11:39.10
126 YORK , Emma	FR	371	Oklahoma Baptist	125	23:33.57	3:00.98	6:19.0	3:55.6	11:31.90
127 KUEHNE, Caroline	SO	178	Minnesota-Crooksto	126	23:36.66	3:04.07	6:19.8	3:56.1	11:52.20
128 CLEM, Ashlen	SR	454	Southeastern Oklah	127	23:36.79	3:04.20	6:19.8	3:56.1	11:26.40
129 CHEWON , Damaris	SR	83	East Central	(128)	23:37.14	3:04.55	6:19.9	3:56.2	11:32.50
130 PUKSTAS, Gabija	FR	61	Central Oklahoma	129	23:38.00	3:05.41	6:20.2	3:56.3	11:42.70
131 LARSEN, Paige	SO	158	Minnesota State	(130)	23:38.40	3:05.81	6:20.3	3:56.4	11:42.40
132 WASHINGTON, Ava	JR	332	Northwestern Oklah	131	23:41.39	3:08.80	6:21.1	3:56.9	11:39.60
133 CHAN, Nyadio	SR	68	Concordia-St. Paul	-	23:42.96	3:10.37	6:21.5	3:57.2	11:47.40

2025 CENTRAL REGION CROSS COUNTRY CHAMPIONSHIPS

Joplin, MO
Tom Ruthledge Cross Country Course
Host: Missouri Southern State
Saturday, November 8, 2025

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Race #1 Women's 6k Run

Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km	3 km
134 BIEKER, Kaia	JR	139	Harding	132	23:44.62	3:12.03	6:21.9	3:57.4	11:55.10
135 NOLTE, Brooklyn	FR	105	Emporia St.	133	23:45.14	3:12.55	6:22.1	3:57.5	11:39.00
136 AHO, Anjalie	FR	437	Sioux Falls	134	23:45.94	3:13.35	6:22.3	3:57.7	11:34.00
137 HILTON, Kelsi	SO	478	Southern Nazarene	135	23:48.32	3:15.73	6:22.9	3:58.1	11:49.50
138 ETHERIDGE, Trista	FR	365	Oklahoma Baptist	136	23:49.88	3:17.29	6:23.3	3:58.3	11:32.00
139 AKINS, Ellie	SO	1	Arkansas Tech	137	23:49.95	3:17.36	6:23.4	3:58.3	11:51.60
140 KOLL, Brooklyn	FR	438	Sioux Falls	138	23:54.40	3:21.81	6:24.6	3:59.1	12:02.00
141 KIBORUS, Celestine	SO	326	Northwestern Oklah	139	23:55.62	3:23.03	6:24.9	3:59.3	11:41.30
142 CZAPLA, Allie	SO	541	Wayne State (Neb.)	140	23:57.70	3:25.11	6:25.4	3:59.6	11:46.40
143 CROSS, Tatum	FR	456	Southeastern Oklah	141	23:57.73	3:25.14	6:25.5	3:59.6	11:45.20
144 ESCRITT, Sydney	SR	542	Wayne State (Neb.)	142	24:01.44	3:28.85	6:26.4	4:00.2	12:03.50
145 GOERLICH, Sophia	FR	5	Arkansas Tech	(143)	24:01.99	3:29.40	6:26.6	4:00.3	11:41.80
146 KIRCHNER, Callie	JR	543	Wayne State (Neb.)	144	24:04.50	3:31.91	6:27.3	4:00.8	11:58.30
147 TEDDER , Annabella	SO	511	UA-Fort Smith	145	24:05.52	3:32.93	6:27.5	4:00.9	11:52.10
148 THOMAS, Emma	SR	443	Sioux Falls	146	24:06.85	3:34.26	6:27.9	4:01.1	11:46.00
149 CLEM, Katlen	SR	455	Southeastern Oklah	147	24:07.71	3:35.12	6:28.1	4:01.3	11:42.90
150 KEPNER, Madison	JR	264	MSU-Moorhead	148	24:07.79	3:35.20	6:28.1	4:01.3	12:00.20
151 ROSALES, Nayelly	SR	301	Newman	149	24:09.12	3:36.53	6:28.5	4:01.5	11:35.30
152 KEENE , Kiley	SO	459	Southeastern Oklah	150	24:09.73	3:37.14	6:28.7	4:01.6	11:45.00
153 WEILNAU, Jaclyn	SR	146	Harding	151	24:10.54	3:37.95	6:28.9	4:01.8	11:56.00
154 VAUGHN, Nadia	SR	45	Bemidji State	152	24:11.48	3:38.89	6:29.1	4:01.9	11:49.80
155 RUSTAD, Faith	SR	440	Sioux Falls	153	24:12.39	3:39.80	6:29.4	4:02.1	12:23.80
156 ZINDLER, Ava	SR	468	Southern Arkansas	154	24:13.63	3:41.04	6:29.7	4:02.3	11:34.30
157 RYLANCE, Sophie	SO	44	Bemidji State	155	24:14.10	3:41.51	6:29.8	4:02.4	11:49.90
158 SMITH , Kiara	SO	370	Oklahoma Baptist	(156)	24:15.72	3:43.13	6:30.3	4:02.6	11:45.70
159 HUFF, Abigail	FR	141	Harding	(157)	24:20.53	3:47.94	6:31.6	4:03.4	11:56.10
160 ROSEMEIER, Amber	SO	493	U-Mary	(158)	24:23.25	3:50.66	6:32.3	4:03.9	11:44.10
161 AANENSON, Chloe	SO	436	Sioux Falls	(159)	24:26.68	3:54.09	6:33.2	4:04.4	11:56.10
162 STUDDT, Eva	SR	442	Sioux Falls	(160)	24:29.58	3:56.99	6:34.0	4:04.9	12:16.90
163 PENICK, Abigail	SO	145	Harding	(161)	24:30.00	3:57.41	6:34.1	4:05.0	11:59.70
164 ALWARDT, Grace	JR	174	Minnesota-Crooksto	162	24:30.43	3:57.84	6:34.2	4:05.1	12:04.10
165 ABRAHAM, Anjelika	SR	453	Southeastern Oklah	(163)	24:37.31	4:04.72	6:36.1	4:06.2	12:02.50
166 LONG-TORRES, Cadence	JR	327	Northwestern Oklah	164	24:38.67	4:06.08	6:36.4	4:06.4	12:02.60
167 MYERS, Jessica	FR	328	Northwestern Oklah	165	24:39.40	4:06.81	6:36.6	4:06.6	12:07.20
168 ROBINSON, Rylee	SO	466	Southern Arkansas	166	24:39.73	4:07.14	6:36.7	4:06.6	12:00.80
169 GRIMMETT, Heidi	SR	104	Emporia St.	167	24:39.76	4:07.17	6:36.7	4:06.6	12:12.20
170 PEREZ, Cecilia	JR	509	UA-Fort Smith	168	24:41.79	4:09.20	6:37.3	4:07.0	12:00.30
171 FOLK, Julie	SO	217	Minot State	169	24:42.70	4:10.11	6:37.5	4:07.1	12:11.00
172 SOLANO, Rachel	SR	467	Southern Arkansas	170	24:51.39	4:18.80	6:39.8	4:08.6	12:07.90
173 YOUNG, Genevieve	SR	65	Central Oklahoma	171	24:54.66	4:22.07	6:40.7	4:09.1	12:35.20
174 FREEMAN, Valyrie	JR	103	Emporia St.	172	24:55.88	4:23.29	6:41.0	4:09.3	12:22.20
175 SMITH, Meagan	FR	253	Missouri Western	173	24:56.91	4:24.32	6:41.3	4:09.5	12:22.30
176 JONES, Regan	FR	8	Arkansas Tech	(174)	24:59.29	4:26.70	6:42.0	4:09.9	12:11.90
177 DOAKES, Devyn	SR	457	Southeastern Oklah	(175)	24:59.90	4:27.31	6:42.1	4:10.0	12:30.00
178 SHIELDNIGHT, Makenlee	JR	488	Southwestern Okla	176	25:05.81	4:33.22	6:43.7	4:11.0	12:16.80
179 MCKINNEY, Hailey	FR	252	Missouri Western	177	25:09.68	4:37.09	6:44.7	4:11.6	12:25.60

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Race #1 Women's 6k Run

Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km	3 km
180 TRAUGOTT, Kaela	JR	266	MSU-Moorhead	178	25:09.70	4:37.11	6:44.7	4:11.6	12:28.70
181 ROSENTHAL, Lauryn	FR	70	Concordia-St. Paul	-	25:11.04	4:38.45	6:45.1	4:11.8	12:17.90
182 KUNZ, Madeline	SR	545	Wayne State (Neb.)	179	25:17.41	4:44.82	6:46.8	4:12.9	12:45.50
183 KELLY, Britton	SR	297	Newman	180	25:21.28	4:48.69	6:47.8	4:13.5	12:31.00
184 KALIN, Michaela	FR	506	UA-Fort Smith	181	25:26.95	4:54.36	6:49.4	4:14.5	12:24.40
185 DEAN, Lezah	FR	262	MSU-Moorhead	182	25:28.34	4:55.75	6:49.7	4:14.7	12:42.20
186 CUTLER, Bailey	SO	248	Missouri Western	183	25:29.57	4:56.98	6:50.1	4:14.9	12:28.00
187 WINTERBURN, Maya	FR	64	Central Oklahoma	184	25:29.86	4:57.27	6:50.2	4:15.0	12:34.40
188 MARTINEZ, Teressa	JR	299	Newman	185	25:30.36	4:57.77	6:50.3	4:15.1	12:28.70
189 GOSDIN, Cantley	JR	464	Southern Arkansas	186	25:30.45	4:57.86	6:50.3	4:15.1	12:28.40
190 REEVES, Nicole	SR	218	Minot State	187	25:31.74	4:59.15	6:50.7	4:15.3	12:38.50
191 BLOOMENRADER, Kaitlyn	SO	539	Wayne State (Neb.)	188	25:41.68	5:09.09	6:53.3	4:16.9	12:28.00
192 DAVIS, Laura	SR	296	Newman	189	25:43.84	5:11.25	6:53.9	4:17.3	12:40.00
193 NESS, Sophia	SO	265	MSU-Moorhead	190	25:45.26	5:12.67	6:54.3	4:17.5	12:33.60
194 BEACOM, Maelee	SR	538	Wayne State (Neb.)	(191)	25:46.67	5:14.08	6:54.7	4:17.8	12:45.80
195 DAVIS, Brookelyn	FR	505	UA-Fort Smith	(192)	25:48.84	5:16.25	6:55.2	4:18.1	12:33.00
196 RADKE, Madison	JR	486	Southwestern Okla	193	25:49.65	5:17.06	6:55.5	4:18.3	12:25.30
197 COLLINS, Amber	FR	175	Minnesota-Crooksto	(194)	25:51.48	5:18.89	6:55.9	4:18.6	12:40.10
198 DIPADOVA, Rivyn	FR	176	Minnesota-Crooksto	(195)	25:52.85	5:20.26	6:56.3	4:18.8	12:46.20
199 KRUSEMARK, Kyla	FR	544	Wayne State (Neb.)	(196)	25:56.20	5:23.61	6:57.2	4:19.4	12:34.00
200 THRASH, Tylie	FR	482	Southern Nazarene	197	26:03.09	5:30.50	6:59.1	4:20.5	12:38.10
201 VESS, Seriah	SO	330	Northwestern Oklah	(198)	26:05.06	5:32.47	6:59.6	4:20.8	12:45.40
202 CARR, Kailee	SO	461	Southern Arkansas	199	26:06.12	5:33.53	6:59.9	4:21.0	12:28.20
203 GONZALEZ, Daniella	FR	50	Central Missouri	200	26:07.60	5:35.01	7:00.3	4:21.3	12:47.40
204 WRIDE, Afton	SO	221	Minot State	201	26:07.67	5:35.08	7:00.3	4:21.3	12:27.20
205 DORADO-BARRERA, Elizab	SR	324	Northwestern Oklah	(202)	26:14.31	5:41.72	7:02.1	4:22.4	12:51.60
206 NUNNELEY, Kylie	FR	485	Southwestern Okla	203	26:18.95	5:46.36	7:03.3	4:23.2	12:41.10
207 SHARP, Karley	FR	510	UA-Fort Smith	(204)	26:21.19	5:48.60	7:03.9	4:23.5	12:48.60
208 RESSLER, Callie	SR	42	Bemidji State	205	26:26.70	5:54.11	7:05.4	4:24.5	12:57.60
209 CAMERON, Kayli	SO	48	Central Missouri	206	26:30.82	5:58.23	7:06.5	4:25.1	12:57.90
210 RUSSELL, Canon	FR	487	Southwestern Okla	207	26:34.04	6:01.45	7:07.4	4:25.7	12:43.80
211 CROSS, Madison	FR	49	Central Missouri	208	26:41.90	6:09.31	7:09.5	4:27.0	12:56.10
212 GALLARDO, Maria	FR	483	Southwestern Okla	209	26:46.19	6:13.60	7:10.6	4:27.7	12:59.70
213 MCALEXANDER, McCartney	JR	479	Southern Nazarene	210	26:49.64	6:17.05	7:11.5	4:28.3	13:10.80
214 BURROUGHS, Ilese	FR	294	Newman	211	26:52.62	6:20.03	7:12.3	4:28.8	13:26.50
215 WENDT, Addyson	SO	220	Minot State	(212)	26:54.97	6:22.38	7:13.0	4:29.2	12:59.90
216 GATES , Sophia	FR	312	Northern State	213	26:56.93	6:24.34	7:13.5	4:29.5	13:15.80
217 SALTER, Abby	SO	480	Southern Nazarene	214	27:01.60	6:29.01	7:14.7	4:30.3	13:10.90
218 KEMNITZ , Payton	SO	314	Northern State	215	27:04.98	6:32.39	7:15.7	4:30.8	12:49.60
219 GOAD, Kaylie	JR	463	Southern Arkansas	(216)	27:05.88	6:33.29	7:15.9	4:31.0	13:15.40
220 ESTERLINE, Savanah	SO	462	Southern Arkansas	(217)	27:08.78	6:36.19	7:16.7	4:31.5	13:15.80
221 CRAIN, Ella	FR	102	Emporia St.	(218)	27:08.93	6:36.34	7:16.7	4:31.5	13:19.90
222 SMITH, Kylee	SR	62	Central Oklahoma	219	27:13.54	6:40.95	7:17.9	4:32.3	13:30.20
223 SCHULTZ, Koe	SR	106	Emporia St.	(220)	27:14.35	6:41.76	7:18.2	4:32.4	13:20.10
224 WEATHERSPOON, Gianna	FR	63	Central Oklahoma	221	27:18.66	6:46.07	7:19.3	4:33.1	13:25.30
225 TORRES, Isabella	SR	302	Newman	(222)	27:22.78	6:50.19	7:20.4	4:33.8	13:25.10

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CHAMPIONSHIPS

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Race #1
Women's 6k Run

Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km	3 km
226 ANDRES , Eden	FR	261	MSU-Moorhead	(223)	27:29.24	6:56.65	7:22.2	4:34.9	13:44.00
227 ROHDE, Aspen	SO	43	Bemidji State	224	27:30.21	6:57.62	7:22.4	4:35.0	13:13.30
228 WIMBERLY, Lexi	SO	303	Newman	(225)	27:33.86	7:01.27	7:23.4	4:35.6	13:36.20
229 DEBORD, Brianna	FR	249	Missouri Western	226	27:43.61	7:11.02	7:26.0	4:37.3	13:14.10
230 MARTINEZ, Isabella	FR	315	Northern State	(227)	28:19.08	7:46.49	7:35.5	4:43.2	13:36.50
231 MCINTOSH, Tori	FR	60	Central Oklahoma	(228)	29:03.62	8:31.03	7:47.5	4:50.6	13:43.40
232 THRASH, Abriel	SR	481	Southern Nazarene	229	29:17.56	8:44.97	7:51.2	4:52.9	14:00.70
233 ATKINS, Elise	SO	67	Concordia-St. Paul	-	29:57.62	9:25.03	8:01.9	4:59.6	14:13.40
234 NEUBAUER, Harley	SO	51	Central Missouri	230	30:21.40	9:48.81	8:08.3	5:03.6	14:58.80
235 EBERHART, Kaylee	FR	477	Southern Nazarene	(231)	30:38.27	10:05.6	8:12.8	5:06.4	14:53.40
-- CROUCH , Lauren	SR	364	Oklahoma Baptist	-	DNF		---	---	11:52.40

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Race #2
Men's 10k Run

Final Results

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 NW Missouri	72	1-2-19-20-30(46)(71)	2:34:17	30:52	1:42.1
2 Washburn	104	3-17-22-28-34(41)(59)	2:36:14	31:15	1:19.8
3 East Central	116	10-13-14-32-47(49)(65)	2:36:47	31:22	1:14.2
4 Pittsburg St.	118	4-5-12-23-74(75)(104)	2:36:16	31:16	2:23.0
5 Augustana (S.D.)	127	9-16-27-37-38(56)(57)	2:37:22	31:29	1:03.8
6 Nebraska-Kearney	166	8-31-36-43-48(73)(119)	2:38:31	31:43	1:20.4
7 Oklahoma Baptist	193	11-33-40-54-55(85)(126)	2:39:19	31:52	1:29.4
8 Missouri Southern	206	6-18-52-64-66(89)	2:39:21	31:53	1:59.1
9 Harding	242	25-35-53-61-68(82)(100)	2:40:43	32:09	1:13.2
10 Fort Hays St.	354	42-51-63-95-103(123)(153)	2:43:33	32:43	1:28.6
11 Rogers State	358	50-58-79-83-88(99)(115)	2:43:50	32:46	0:57.3
12 MSU-Moorhead	392	24-70-77-107-114(128)(132)	2:44:11	32:51	2:14.4
13 Central Missouri	401*	45-78-90-91-97(156)(158)	2:44:45	32:57	1:15.6
14 Missouri Western	401*	7-26-101-113-154(160)	2:44:00	32:48	3:55.1
15 Minnesota State	441	60-87-92-93-109(121)	2:45:44	33:09	1:04.5
16 Ouachita Baptist	446	44-80-94-111-117(120)(130)	2:45:41	33:09	1:34.9
17 Winona State	475	29-105-106-108-127(140)(151)	2:46:10	33:14	2:27.2
18 Minnesota-Crookston	504	39-96-102-133-134(172)(202)	2:47:10	33:26	2:15.8
19 U-Mary	521	21-86-131-138-145(167)(169)	2:47:39	33:32	3:09.9
20 Sioux Falls	544	62-69-110-144-159(162)(174)	2:48:09	33:38	2:15.6
21 Northwestern Oklahoma	555	72-76-124-136-147(161)(177)	2:48:30	33:42	1:47.8
22 Concordia-St. Paul	628	84-112-118-139-175(186)(201)	2:50:31	34:07	2:33.0
23 Emporia St.	671	67-141-146-149-168(183)(198)	2:51:28	34:18	2:32.4
24 Newman	682	15-137-143-188-199	2:54:20	34:52	6:44.4
25 Minnesota-Duluth	705	81-125-163-166-170(180)(182)	2:52:14	34:27	2:11.1
26 Wayne State (Neb.)	714	116-122-150-155-171(190)(193)	2:52:13	34:27	1:39.4
27 Southern Arkansas	725	98-129-148-165-185(187)(200)	2:53:23	34:41	2:59.5
28 Northern State	835	142-152-173-179-189(196)	2:57:11	35:27	2:00.2
29 UA-Fort Smith	872	157-164-176-184-191(194)	2:58:14	35:39	1:46.9
30 Minot State	881	135-178-181-192-195(197)	3:00:24	36:05	3:02.9

*Tiebreakers

Central Missouri	45	78	90	91	97	156
Missouri Western	7	26	101	113	154	160

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km	2 km	7 km
1 MOHAMMED, Aziz	SR	361	NW Missouri	1	29:53.48	---	4:48.8	2:59.3	5:46.80	20:43.30
2 ATKINS, Drew	SR	355	NW Missouri	2	30:04.48	11.00	4:50.6	3:00.4	5:46.80	20:43.50

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Race #2 Men's 10k Run

Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km	2 km	7 km
3 KIBET, Donald	SR	530	Washburn	3	30:21.66	28.18	4:53.3	3:02.2	5:47.10	21:03.40
4 HINRICHS, Nathan	JR	410	Pittsburg St.	4	30:26.40	32.92	4:54.1	3:02.6	5:55.20	21:13.30
5 SPRECKER, Dylan	JR	416	Pittsburg St.	5	30:33.80	40.32	4:55.3	3:03.4	5:56.00	21:15.90
6 DEATON, Jaden	SR	242	Missouri Southern	6	30:38.56	45.08	4:56.1	3:03.9	5:54.70	21:14.00
7 GILO, Wimachmorr	SR	255	Missouri Western	7	30:45.70	52.22	4:57.2	3:04.6	5:55.90	21:16.40
8 ABDALLA, Nick	SR	284	Nebraska-Kearney	8	30:49.74	56.26	4:57.9	3:05.0	5:56.50	21:23.20
9 KELLER, Bryant	FR	30	Augustana (S.D.)	9	30:50.96	57.48	4:58.1	3:05.1	5:58.70	21:33.30
10 BETT, Kennedy	SO	90	East Central	10	30:54.68	1:01.20	4:58.7	3:05.5	5:53.90	21:29.50
11 WILLIAMS, Damien	SR	377	Oklahoma Baptist	11	30:55.19	1:01.71	4:58.7	3:05.5	5:54.90	21:30.00
12 SICKLES, Travis	SR	415	Pittsburg St.	12	31:01.94	1:08.46	4:59.8	3:06.2	5:57.10	21:39.20
13 KIPKEMBOI, Peter	SR	95	East Central	13	31:02.55	1:09.07	4:59.9	3:06.3	5:47.30	21:13.60
14 KORIR, Paul	SR	98	East Central	14	31:03.56	1:10.08	5:00.1	3:06.4	5:56.10	21:33.10
15 KIPROTICH, Timothy	JR	306	Newman	15	31:07.20	1:13.72	5:00.7	3:06.7	6:02.30	21:33.20
16 GROEN, Kadin	JR	28	Augustana (S.D.)	16	31:13.13	1:19.65	5:01.6	3:07.3	5:59.40	21:39.60
17 ROEHL, Tommy	SR	535	Washburn	17	31:14.38	1:20.90	5:01.8	3:07.4	5:58.20	21:38.40
18 SORRELL, Chase	SO	246	Missouri Southern	18	31:15.14	1:21.66	5:02.0	3:07.5	6:05.50	21:50.10
19 TOURON, Maxime	SR	363	NW Missouri	19	31:20.62	1:27.14	5:02.8	3:08.1	6:04.70	21:58.50
20 TAPP, Grayson	JR	362	NW Missouri	20	31:22.31	1:28.83	5:03.1	3:08.2	5:59.40	21:38.60
21 HANSEN, Caleb	SR	499	U-Mary	21	31:23.85	1:30.37	5:03.4	3:08.4	6:15.30	21:56.80
22 HORSELENBERG, Sebastia	SO	529	Washburn	22	31:24.43	1:30.95	5:03.5	3:08.4	6:03.30	21:49.20
23 ATKINS, Tyler	JR	408	Pittsburg St.	23	31:24.47	1:30.99	5:03.5	3:08.4	5:59.90	21:45.10
24 HOECHST, Chase	SO	270	MSU-Moorhead	24	31:24.47	1:30.99	5:03.5	3:08.4	6:00.90	21:49.80
25 HAILEAB, Noah	JR	152	Harding	25	31:27.18	1:33.70	5:03.9	3:08.7	5:57.40	21:47.70
26 VALDERRAMA, Pau	JR	260	Missouri Western	26	31:28.71	1:35.23	5:04.1	3:08.9	5:53.40	21:13.50
27 BROWN, Payton	FR	27	Augustana (S.D.)	27	31:30.59	1:37.11	5:04.4	3:09.1	5:59.80	21:49.50
28 VACCARI, Ludovico	JR	536	Washburn	28	31:31.84	1:38.36	5:04.6	3:09.2	6:11.30	22:04.10
29 JOHNSTONE, Mitchell	SR	565	Winona State	29	31:33.74	1:40.26	5:05.0	3:09.4	5:58.50	21:59.10
30 GABILLET, Barnabe	SR	357	NW Missouri	30	31:35.53	1:42.05	5:05.2	3:09.6	6:03.70	21:49.10
31 HOHLEN, Carter	SO	289	Nebraska-Kearney	31	31:36.80	1:43.32	5:05.4	3:09.7	6:02.80	21:50.70
32 KIPSANG, Donald	SO	97	East Central	32	31:37.27	1:43.79	5:05.5	3:09.7	5:47.00	21:33.70
33 WILLIAMS, Zachary	FR	379	Oklahoma Baptist	33	31:40.92	1:47.44	5:06.1	3:10.1	6:05.40	22:01.00
34 MULLEN, Shane	SR	533	Washburn	34	31:41.46	1:47.98	5:06.2	3:10.1	6:12.20	22:04.20
35 PERRY, Nate	SR	155	Harding	35	31:47.65	1:54.17	5:07.2	3:10.8	6:07.70	22:03.00
36 ELLIOTT, Drew	FR	287	Nebraska-Kearney	36	31:49.09	1:55.61	5:07.4	3:10.9	6:04.90	22:06.90
37 ANDERSON, Isaiah	SO	25	Augustana (S.D.)	37	31:52.31	1:58.83	5:07.9	3:11.2	6:01.10	21:55.30
38 WILLBANKS, Peyton	SO	39	Augustana (S.D.)	38	31:54.68	2:01.20	5:08.3	3:11.5	5:58.90	22:21.20
39 REVELS, Noah	SR	187	Minnesota-Crooksto	39	31:56.71	2:03.23	5:08.6	3:11.7	6:15.20	22:19.00
40 CRAYTON, Emory	JR	372	Oklahoma Baptist	40	31:56.82	2:03.34	5:08.7	3:11.7	5:55.30	21:41.20
41 MEHL, Lukas	JR	532	Washburn	(41)	31:57.03	2:03.55	5:08.7	3:11.7	6:08.40	22:03.20
42 DARRAH, Christian	SR	128	Fort Hays St.	42	32:00.29	2:06.81	5:09.2	3:12.0	5:56.60	21:54.10
43 GARCIA, Juan	JR	288	Nebraska-Kearney	43	32:04.31	2:10.83	5:09.9	3:12.4	6:05.00	22:07.30
44 GREENWICH, Caleb	FR	391	Ouachita Baptist	44	32:06.16	2:12.68	5:10.2	3:12.6	5:57.70	22:01.10
45 MALAVE, Alejandro	SR	56	Central Missouri	45	32:06.32	2:12.84	5:10.2	3:12.6	6:06.30	22:15.80
46 LANGILL, John	SO	360	NW Missouri	(46)	32:08.73	2:15.25	5:10.6	3:12.9	6:02.30	22:09.20
47 KHUMALO, Bhekizulu	JR	94	East Central	47	32:08.79	2:15.31	5:10.6	3:12.9	6:17.40	22:00.80
48 JOHNSON, Nathan	SO	290	Nebraska-Kearney	48	32:10.07	2:16.59	5:10.8	3:13.0	6:04.70	22:29.30

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Race #2 Men's 10k Run

Final Results

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Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km	2 km	7 km
49 MITEI, Brian	SR	99	East Central	(49)	32:10.62	2:17.14	5:10.9	3:13.1	5:59.20	22:15.00
50 GIBSON, Nathaneal	SO	429	Rogers State	50	32:11.21	2:17.73	5:11.0	3:13.1	6:05.60	22:22.90
51 MORENZ, Noah	JR	132	Fort Hays St.	51	32:11.72	2:18.24	5:11.1	3:13.2	6:01.40	22:04.10
52 CONNOR, Kelby	SO	241	Missouri Southern	52	32:14.96	2:21.48	5:11.6	3:13.5	6:11.00	22:22.90
53 BAILEY, Aidan	JR	150	Harding	53	32:16.37	2:22.89	5:11.8	3:13.6	6:19.40	22:38.50
54 WHITE, Elijah	JR	376	Oklahoma Baptist	54	32:21.30	2:27.82	5:12.6	3:14.1	6:07.20	22:17.20
55 HAYNES, Levi	FR	374	Oklahoma Baptist	55	32:24.51	2:31.03	5:13.1	3:14.5	6:07.30	22:15.20
56 SCHUMACHER, Alex	FR	35	Augustana (S.D.)	(56)	32:26.81	2:33.33	5:13.5	3:14.7	6:02.30	22:18.90
57 RICKER, Tyson	SO	33	Augustana (S.D.)	(57)	32:28.40	2:34.92	5:13.8	3:14.8	6:06.30	22:26.70
58 MCCALL, Cade	JR	432	Rogers State	58	32:29.25	2:35.77	5:13.9	3:14.9	6:06.00	22:25.80
59 ADAMS, Alex	SO	528	Washburn	(59)	32:30.55	2:37.07	5:14.1	3:15.1	6:12.10	22:32.40
60 KENDALL, Jack	FR	167	Minnesota State	60	32:31.32	2:37.84	5:14.2	3:15.1	6:25.00	22:41.10
61 MCCARN, Ryan	JR	153	Harding	61	32:31.49	2:38.01	5:14.2	3:15.1	6:08.40	22:18.00
62 JANISZESKI, Owen	FR	450	Sioux Falls	62	32:31.61	2:38.13	5:14.3	3:15.2	6:25.30	22:42.70
63 KRUG, Cole	SO	130	Fort Hays St.	63	32:32.56	2:39.08	5:14.4	3:15.3	6:29.20	22:44.30
64 KING, Carson	FR	244	Missouri Southern	64	32:34.59	2:41.11	5:14.7	3:15.5	6:17.30	22:43.80
65 KIPROB, Aspel	SR	96	East Central	(65)	32:36.53	2:43.05	5:15.1	3:15.7	6:13.20	22:41.30
66 KERSHAW, Micheal	FR	243	Missouri Southern	66	32:37.60	2:44.12	5:15.2	3:15.8	6:17.50	22:43.60
67 LAURANCE, Treyton	SR	115	Emporia St.	67	32:39.75	2:46.27	5:15.6	3:16.0	6:08.40	22:35.20
68 ARTHUN, Oren	SO	148	Harding	68	32:40.29	2:46.81	5:15.7	3:16.0	6:18.30	22:41.10
69 JANISZESKI, Camden	SO	449	Sioux Falls	69	32:40.30	2:46.82	5:15.7	3:16.0	6:24.20	22:43.70
70 GREGOIRE, Jared	SO	269	MSU-Moorhead	70	32:41.77	2:48.29	5:15.9	3:16.2	6:05.10	22:38.10
71 BLAY, Tyler	SR	356	NW Missouri	(71)	32:44.59	2:51.11	5:16.4	3:16.5	6:01.60	22:39.00
72 HERNDON, Riley	JR	336	Northwestern Oklah	72	32:46.90	2:53.42	5:16.7	3:16.7	6:31.00	23:01.70
73 WELLS, Conner	JR	293	Nebraska-Kearney	(73)	32:48.18	2:54.70	5:16.9	3:16.8	6:09.30	22:45.10
74 KILONZO, Jordan	JR	412	Pittsburg St.	74	32:49.32	2:55.84	5:17.1	3:16.9	6:17.10	22:45.00
75 EARLY, Andrew	JR	409	Pittsburg St.	(75)	32:50.90	2:57.42	5:17.4	3:17.1	6:23.40	22:37.20
76 MAJA, Kabelo	JR	338	Northwestern Oklah	76	32:51.99	2:58.51	5:17.6	3:17.2	6:31.80	23:04.80
77 DORADO, James	SR	268	MSU-Moorhead	77	32:53.22	2:59.74	5:17.7	3:17.3	6:20.60	22:47.20
78 BARDWELL, Jaise	SO	53	Central Missouri	78	32:54.30	3:00.82	5:17.9	3:17.4	6:24.40	22:52.70
79 FERON, Blake	SR	428	Rogers State	79	32:55.39	3:01.91	5:18.1	3:17.5	6:22.50	22:54.20
80 ARMITAGE, Evan	SR	389	Ouachita Baptist	80	32:58.27	3:04.79	5:18.6	3:17.8	6:25.70	23:07.60
81 DICKENSON, Isaac	FR	207	Minnesota-Duluth	81	33:03.47	3:09.99	5:19.4	3:18.3	6:23.00	23:02.30
82 FINK, Jack	FR	151	Harding	(82)	33:04.82	3:11.34	5:19.6	3:18.5	6:20.50	22:54.30
83 MCINTOSH, Cohen	FR	433	Rogers State	83	33:05.36	3:11.88	5:19.7	3:18.5	6:38.00	23:16.10
84 ALEXANDER, Andrew	JR	73	Concordia-St. Paul	84	33:06.79	3:13.31	5:19.9	3:18.7	6:20.30	22:59.70
85 TIGER, Jacob	FR	375	Oklahoma Baptist	(85)	33:07.01	3:13.53	5:20.0	3:18.7	6:15.90	23:02.20
86 SKJOD, Raine	SR	503	U-Mary	86	33:07.14	3:13.66	5:20.0	3:18.7	6:27.10	22:47.90
87 KILLEEN, Biruk	FR	169	Minnesota State	87	33:08.05	3:14.57	5:20.1	3:18.8	6:30.50	23:07.60
88 MORGAN, Jack	FR	434	Rogers State	88	33:08.51	3:15.03	5:20.2	3:18.9	6:23.00	22:59.00
89 LEACH, Caleb	JR	245	Missouri Southern	(89)	33:09.54	3:16.06	5:20.4	3:19.0	6:20.20	22:59.00
90 HARDESTY, Patrick	FR	54	Central Missouri	90	33:10.99	3:17.51	5:20.6	3:19.1	6:23.80	23:10.20
91 TIDMAN, Kollin	JR	59	Central Missouri	91	33:11.33	3:17.85	5:20.7	3:19.1	6:26.00	23:10.20
92 MAYERS, Grant	JR	170	Minnesota State	92	33:12.18	3:18.70	5:20.8	3:19.2	6:33.10	23:23.30
93 RIPPERDA, Dominic	SO	172	Minnesota State	93	33:16.03	3:22.55	5:21.4	3:19.6	6:24.80	22:56.40
94 METOYER, Gabe	SO	393	Ouachita Baptist	94	33:18.86	3:25.38	5:21.9	3:19.9	6:23.00	22:59.20

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Race #2 Men's 10k Run

Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km	2 km	7 km
95 NEMECHEK, Hayden	FR	133	Fort Hays St.	95	33:19.36	3:25.88	5:22.0	3:19.9	6:28.50	22:54.10
96 NAUMAN, Aaden	SO	186	Minnesota-Crooksto	96	33:20.63	3:27.15	5:22.2	3:20.1	6:22.40	23:09.10
97 ADAMS, Colby	JR	52	Central Missouri	97	33:21.85	3:28.37	5:22.4	3:20.2	6:25.50	23:10.80
98 MAXWELL, Wesley	SR	471	Southern Arkansas	98	33:23.31	3:29.83	5:22.6	3:20.3	6:15.00	23:05.30
99 DAVIS, Lee	SO	427	Rogers State	(99)	33:23.75	3:30.27	5:22.7	3:20.4	6:33.40	23:08.60
100 AXTELL, Brady	JR	149	Harding	(100)	33:24.65	3:31.17	5:22.8	3:20.5	6:18.20	22:59.80
101 SOEDT, Logan	SR	259	Missouri Western	101	33:26.08	3:32.60	5:23.0	3:20.6	6:12.40	23:04.10
102 HANSON, Riley	JR	182	Minnesota-Crooksto	102	33:27.66	3:34.18	5:23.3	3:20.8	6:30.50	23:08.40
103 MCCULLOUGH, Chayse	SR	131	Fort Hays St.	103	33:28.83	3:35.35	5:23.5	3:20.9	6:28.70	23:07.20
104 KILONZO, Nick	FR	413	Pittsburg St.	(104)	33:29.28	3:35.80	5:23.6	3:20.9	6:09.30	23:06.10
105 SPAIN, Robert	SO	569	Winona State	105	33:30.14	3:36.66	5:23.7	3:21.0	6:20.70	23:16.50
106 NORBY, Connor	JR	567	Winona State	106	33:31.49	3:38.01	5:23.9	3:21.1	6:33.60	23:26.50
107 MOHAMED, Salman	SO	272	MSU-Moorhead	107	33:32.28	3:38.80	5:24.0	3:21.2	6:23.90	23:07.70
108 LANZARA, Jacob	JR	566	Winona State	108	33:32.87	3:39.39	5:24.1	3:21.3	6:23.10	23:10.20
109 COLLINS, Maquanet	SR	166	Minnesota State	109	33:35.81	3:42.33	5:24.6	3:21.6	6:32.90	23:25.70
110 CANTON, Bryson	SR	444	Sioux Falls	110	33:35.87	3:42.39	5:24.6	3:21.6	6:25.40	22:59.20
111 POHLMEIER, Isaac	FR	394	Ouachita Baptist	111	33:36.68	3:43.20	5:24.7	3:21.7	6:30.50	23:24.00
112 BOYUM, Andrew	SR	75	Concordia-St. Paul	112	33:36.87	3:43.39	5:24.8	3:21.7	6:35.20	23:31.90
113 ORSCHELN, Mason	SR	256	Missouri Western	113	33:38.52	3:45.04	5:25.0	3:21.9	6:11.30	23:09.50
114 MEIKLE, Seth	SO	271	MSU-Moorhead	114	33:38.85	3:45.37	5:25.1	3:21.9	6:29.60	23:25.90
115 JENKS, Tanner	FR	430	Rogers State	(115)	33:39.61	3:46.13	5:25.2	3:22.0	6:38.30	23:23.20
116 FRAZIER, Lucas	FR	547	Wayne State (Neb.)	116	33:40.26	3:46.78	5:25.3	3:22.0	6:36.10	23:31.80
117 STACKS, Tate	JR	395	Ouachita Baptist	117	33:41.03	3:47.55	5:25.4	3:22.1	6:23.30	23:21.30
118 TOCK, Travis	SO	79	Concordia-St. Paul	118	33:43.93	3:50.45	5:25.9	3:22.4	6:34.90	23:31.90
119 EJERSO, Mesuidi	SO	286	Nebraska-Kearney	(119)	33:44.67	3:51.19	5:26.0	3:22.5	6:09.20	23:12.70
120 EMBREY, Noah	JR	390	Ouachita Baptist	(120)	33:48.32	3:54.84	5:26.6	3:22.8	6:34.20	23:29.70
121 BENNETT, Jacob	SR	165	Minnesota State	(121)	33:52.04	3:58.56	5:27.2	3:23.2	6:32.70	23:38.70
122 LUCAS, Brody	SR	550	Wayne State (Neb.)	122	33:53.27	3:59.79	5:27.4	3:23.3	6:27.40	23:25.50
123 RITSEMA, Austin	FR	135	Fort Hays St.	(123)	33:53.89	4:00.41	5:27.5	3:23.4	6:28.50	23:18.60
124 SCOTT, Andrew	SO	342	Northwestern Oklah	124	33:57.91	4:04.43	5:28.2	3:23.8	6:32.30	23:42.80
125 FOSTER, Noah	JR	208	Minnesota-Duluth	125	33:58.55	4:05.07	5:28.3	3:23.9	6:33.30	23:37.00
126 WILLIAMS , James	SR	378	Oklahoma Baptist	(126)	33:58.79	4:05.31	5:28.3	3:23.9	6:05.80	22:16.10
127 HARMONING, Wyatt	FR	564	Winona State	127	34:00.89	4:07.41	5:28.6	3:24.1	6:35.50	23:38.60
128 BUENTELLO, Luke	SO	267	MSU-Moorhead	(128)	34:02.82	4:09.34	5:29.0	3:24.3	6:30.20	23:36.00
129 ORR, Lyndon	SR	475	Southern Arkansas	129	34:03.89	4:10.41	5:29.1	3:24.4	6:16.80	23:28.80
130 WOODS, Henry	FR	397	Ouachita Baptist	(130)	34:04.92	4:11.44	5:29.3	3:24.5	6:30.50	23:37.70
131 RINGHAND, Joseph	FR	502	U-Mary	131	34:11.30	4:17.82	5:30.3	3:25.1	6:19.00	23:27.70
132 O'FARRELL, Colin	JR	273	MSU-Moorhead	(132)	34:12.29	4:18.81	5:30.5	3:25.2	6:29.20	23:36.70
133 THOENNES, Connor	SR	189	Minnesota-Crooksto	133	34:12.37	4:18.89	5:30.5	3:25.2	6:36.30	23:55.40
134 INGLE, Robert	SO	185	Minnesota-Crooksto	134	34:12.48	4:19.00	5:30.5	3:25.2	6:36.50	23:45.20
135 BRIDWELL, Holter	JR	224	Minot State	135	34:16.63	4:23.15	5:31.2	3:25.7	6:25.90	23:27.60
136 LARES, Alan	JR	337	Northwestern Oklah	136	34:17.79	4:24.31	5:31.4	3:25.8	6:37.00	23:42.20
137 LONGEI, Reagan	SR	308	Newman	137	34:22.58	4:29.10	5:32.1	3:26.3	6:29.00	23:45.30
138 OLSEN, Ethan	SO	501	U-Mary	138	34:22.75	4:29.27	5:32.2	3:26.3	6:31.60	23:50.60
139 BLISCHKE, Ethan	SR	74	Concordia-St. Paul	139	34:22.79	4:29.31	5:32.2	3:26.3	6:35.70	23:55.60
140 REDKER, Calvin	SO	568	Winona State	(140)	34:24.89	4:31.41	5:32.5	3:26.5	6:26.50	23:36.40

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141 FOUARD, Carson	SO	111	Emporia St.	141	34:27.07	4:33.59	5:32.9	3:26.7	6:22.40	23:53.40
142 SEVERSON, Patrick	FR	320	Northern State	142	34:27.07	4:33.59	5:32.9	3:26.7	6:37.80	24:01.00
143 BEAUCHAMP, Jake	JR	304	Newman	143	34:33.07	4:39.59	5:33.8	3:27.3	6:29.40	23:44.70
144 HART, Hunter	FR	447	Sioux Falls	144	34:33.32	4:39.84	5:33.9	3:27.3	6:35.60	24:05.80
145 LIND, Nick	FR	500	U-Mary	145	34:33.70	4:40.22	5:33.9	3:27.4	6:28.40	23:59.00
146 KREUTZER, Lucas	FR	114	Emporia St.	146	34:33.82	4:40.34	5:33.9	3:27.4	6:31.20	24:05.10
147 ROBLEDO-GONZALEZ, Edw	JR	341	Northwestern Oklah	147	34:34.64	4:41.16	5:34.1	3:27.5	6:35.00	24:08.80
148 LEHMANN, Fintan	SO	470	Southern Arkansas	148	34:34.99	4:41.51	5:34.1	3:27.5	6:20.00	23:54.30
149 EDWARDS, Elijah	FR	110	Emporia St.	149	34:35.04	4:41.56	5:34.1	3:27.5	6:23.90	23:53.20
150 FRANZEN, Brady	JR	546	Wayne State (Neb.)	150	34:36.30	4:42.82	5:34.3	3:27.6	6:27.00	23:29.90
151 HALLAWAY, Connor	SR	563	Winona State	(151)	34:36.74	4:43.26	5:34.4	3:27.7	6:35.50	23:50.50
152 KLATT, Easton	FR	318	Northern State	152	34:36.89	4:43.41	5:34.4	3:27.7	6:39.30	24:04.40
153 RAULSTON, Ty	FR	134	Fort Hays St.	(153)	34:37.41	4:43.93	5:34.5	3:27.7	6:29.00	23:43.40
154 SHIPP, Sam	JR	258	Missouri Western	154	34:40.75	4:47.27	5:35.1	3:28.1	6:11.70	23:42.40
155 KELLER, William	SO	549	Wayne State (Neb.)	155	34:42.60	4:49.12	5:35.4	3:28.3	6:35.40	24:11.10
156 LEWIS, Ty	SR	55	Central Missouri	(156)	34:43.48	4:50.00	5:35.5	3:28.3	6:35.40	23:50.30
157 ALVA, Joaquin	SR	513	UA-Fort Smith	157	34:46.64	4:53.16	5:36.0	3:28.7	6:34.60	24:11.70
158 MATHIS, Sam	JR	57	Central Missouri	(158)	34:46.66	4:53.18	5:36.0	3:28.7	6:26.10	23:48.00
159 SCHROEDER, Josiah	JR	451	Sioux Falls	159	34:47.20	4:53.72	5:36.1	3:28.7	6:35.40	24:10.90
160 RINGGENBERG, Ryan	JR	257	Missouri Western	(160)	34:48.89	4:55.41	5:36.4	3:28.9	6:22.00	24:02.80
161 BULLARD, Coy	SO	335	Northwestern Oklah	(161)	34:49.97	4:56.49	5:36.5	3:29.0	6:31.60	24:07.90
162 GROHS, Gage	SO	446	Sioux Falls	(162)	34:50.28	4:56.80	5:36.6	3:29.0	6:34.80	24:11.00
163 MARTEL, Isaac	SR	211	Minnesota-Duluth	163	34:52.55	4:59.07	5:37.0	3:29.3	6:34.90	24:07.20
164 SMITH, Evan	FR	517	UA-Fort Smith	164	34:56.58	5:03.10	5:37.6	3:29.7	6:13.50	24:06.10
165 LANDRUM, Jack	FR	469	Southern Arkansas	165	34:57.61	5:04.13	5:37.8	3:29.8	6:20.40	24:05.00
166 BAKKEN, Nolan	JR	204	Minnesota-Duluth	166	35:04.28	5:10.80	5:38.9	3:30.4	6:34.10	23:46.70
167 TROUTMAN, Zacarias	FR	504	U-Mary	(167)	35:07.64	5:14.16	5:39.4	3:30.8	6:29.20	24:05.90
168 CHAPMAN, Gage	JR	109	Emporia St.	168	35:12.09	5:18.61	5:40.1	3:31.2	6:35.60	24:12.10
169 ARTNER, Gavin	SO	497	U-Mary	(169)	35:13.15	5:19.67	5:40.3	3:31.3	6:29.00	24:23.70
170 THOMSEN, Chase	FR	214	Minnesota-Duluth	170	35:14.54	5:21.06	5:40.5	3:31.5	6:36.90	24:17.30
171 GREVING, Jacob	FR	548	Wayne State (Neb.)	171	35:19.59	5:26.11	5:41.3	3:32.0	6:50.30	24:40.30
172 HANSON, Zach	JR	183	Minnesota-Crooksto	(172)	35:26.29	5:32.81	5:42.4	3:32.6	6:35.70	24:06.90
173 THORSON, Taylor	JR	322	Northern State	173	35:35.36	5:41.88	5:43.9	3:33.5	6:42.50	24:28.50
174 COFER, Jace	JR	445	Sioux Falls	(174)	35:37.57	5:44.09	5:44.2	3:33.8	6:34.60	24:26.90
175 URGILES SUAREZ, Matthew	FR	80	Concordia-St. Paul	175	35:39.75	5:46.27	5:44.6	3:34.0	6:52.00	24:59.20
176 TEAGUE, Isaac	SR	518	UA-Fort Smith	176	35:44.05	5:50.57	5:45.3	3:34.4	6:31.40	24:30.40
177 PIERCE, Jordan	SO	340	Northwestern Oklah	(177)	35:53.72	6:00.24	5:46.8	3:35.4	6:31.60	24:48.70
178 JENKINS, Jake	JR	227	Minot State	178	36:01.67	6:08.19	5:48.1	3:36.2	6:25.90	24:22.00
179 STOKS, Blake	JR	321	Northern State	179	36:03.79	6:10.31	5:48.4	3:36.4	6:53.20	24:59.50
180 BIALKA, Connor	SO	205	Minnesota-Duluth	(180)	36:07.37	6:13.89	5:49.0	3:36.7	6:34.10	24:47.00
181 TUHY, Peyton	SR	229	Minot State	181	36:08.12	6:14.64	5:49.1	3:36.8	7:01.50	25:32.60
182 TAGGART, Dylan	SO	213	Minnesota-Duluth	(182)	36:10.19	6:16.71	5:49.5	3:37.0	6:36.60	24:42.80
183 HUNTER, Dylan	SO	113	Emporia St.	(183)	36:10.36	6:16.88	5:49.5	3:37.0	5:57.30	23:46.00
184 CASTILLO, Adan	SO	514	UA-Fort Smith	184	36:13.00	6:19.52	5:49.9	3:37.3	6:27.70	24:26.20
185 UC, Joseph	JR	476	Southern Arkansas	185	36:22.78	6:29.30	5:51.5	3:38.3	6:22.80	24:59.60
186 STUMM, Jordan	FR	78	Concordia-St. Paul	(186)	36:24.62	6:31.14	5:51.8	3:38.5	6:53.70	25:21.50

2025 CENTRAL REGION CROSS COUNTRY CHAMPIONSHIPS

Joplin, MO
Tom Ruthledge Cross Country Course
Host: Missouri Southern State
Saturday, November 8, 2025

MEET OFFICIALS

Timing:
Midwest Timing & Results



OFFICIAL MEET REPORT
printed: 11/8/2025 12:38 PM

Race #2 Men's 10k Run

Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km	2 km	7 km
187 MOYA, Diego	JR	474	Southern Arkansas	(187)	36:24.77	6:31.29	5:51.8	3:38.5	6:30.10	25:04.90
188 SEVART, Paul	SR	310	Newman	188	36:25.19	6:31.71	5:51.9	3:38.5	6:43.90	25:14.80
189 WELLS, Christian	SO	323	Northern State	189	36:27.23	6:33.75	5:52.2	3:38.7	6:52.80	25:13.80
190 MARTIN, Drew	FR	551	Wayne State (Neb.)	(190)	36:31.06	6:37.58	5:52.8	3:39.1	6:41.20	25:16.10
191 VALENTINE, Conner	SO	519	UA-Fort Smith	191	36:33.48	6:40.00	5:53.2	3:39.3	6:38.80	25:10.60
192 NEYSHTADT, Nikita	SR	228	Minot State	192	36:37.39	6:43.91	5:53.8	3:39.7	6:53.40	25:31.70
193 RICHARDSON, Matt	FR	552	Wayne State (Neb.)	(193)	36:53.27	6:59.79	5:56.4	3:41.3	6:41.40	25:22.50
194 FERGUSON, Troy	SO	516	UA-Fort Smith	(194)	37:04.58	7:11.10	5:58.2	3:42.5	6:53.20	25:51.20
195 JASMIN, Camden	SR	226	Minot State	195	37:19.51	7:26.03	6:00.6	3:44.0	7:01.70	25:32.60
196 PALMER, Zach	FR	319	Northern State	(196)	37:34.63	7:41.15	6:03.1	3:45.5	6:40.70	25:32.40
197 BERGLOF, Nolan	FR	223	Minot State	(197)	37:38.22	7:44.74	6:03.6	3:45.8	7:00.70	26:10.10
198 HARTY, Jack	FR	112	Emporia St.	(198)	37:42.14	7:48.66	6:04.3	3:46.2	6:29.50	25:19.90
199 CHAVEZ RAMIREZ, Josias	SR	305	Newman	199	37:51.56	7:58.08	6:05.8	3:47.2	6:43.50	25:51.20
200 MORRIS, Hez	SO	473	Southern Arkansas	(200)	38:57.55	9:04.07	6:16.4	3:53.8	6:47.00	26:41.00
201 KRUMMEL, Joshua	JR	77	Concordia-St. Paul	(201)	39:03.62	9:10.14	6:17.4	3:54.4	7:02.60	26:49.70
202 HOLCOMB, Kohen	FR	184	Minnesota-Crooksto	(202)	39:45.72	9:52.24	6:24.2	3:58.6	6:40.80	24:25.00
-- PFISTER, Luis	FR	171	Minnesota State	-	DNF		---	---	6:22.70	
-- CORDERO, Angel	JR	515	UA-Fort Smith	-	DNF		---	---	6:27.50	
-- BAEZ-MAHR, Angelo	JR	254	Missouri Western	-	DNF		---	---	6:35.00	
-- GROVER, Zander	SO	225	Minot State	-	DNF		---	---	7:02.40	